

# *My Big TOE Intensive Residential Retreat*

*2014 Website Program Description*

**Prerequisites:** None

### Travel the Larger Consciousness System (LCS)

Physicist Thomas Campbell, author of *My Big TOE* (Theory of Everything) and an internationally known consciousness leader, was also an early research collaborator of Robert Monroe's. In this program Tom leads your journey into the nature of reality, consciousness, and Physical Matter Reality (PMR) versus Nonphysical Matter Reality (NPMR.) You examine the limitations, purpose, and dynamics of OBE, lucid dreaming, and dreams vs. imagination—what is and is not “real” and how one can tell the difference.

In *My Big TOE* Intensive, you receive instruction from one of the researchers who helped birth The Monroe Institute. Explore what it is like to travel the Larger Consciousness System (LCS), and what one is actually doing during that process. First hand, come to understand the limitations, purpose, and dynamics of exceptional human experiences.

Tom defines the nature of reality, consciousness, and what, where, why, and how space-time exists, including its various rules, such as the speed of light and multiple nonphysical-matter realities (NPMR). You explore the nature of the Larger Consciousness System (LCS)—what it is, and what occurs during the process; how to tap into the LCS most effectively, interpret what you receive, and assess its value. You examine what more you can do with your experience, how to make sense of it, why you received what you did, and what you might try next.

*My Big TOE* is a theory of everything that demonstrates legitimate science and metaphysics. But don't confuse the theory with the reality it describes. Campbell's *Big TOE* differs from science's *Little TOE* that attempts to unify quantum mechanics and the theory of relativity. Thomas Campbell says that string theory, the many worlds interpretation, the theory of the holographic universe, and the theory of simulated reality are all attempts to explain the *Little TOE* rather than the *Big TOE*.

The *Big TOE* naturally contains the *Little TOE*, the physical reality. The *Big TOE* has to explain all reality—the mystery of consciousness, physical and metaphysical, objective and subjective, normal and paranormal, meaning, importance, purpose, what is wrong and what is right, morality, value, justice, beauty, love, caring, sympathy, fear—and it must be able to answer questions like: What is the purpose of life? Why are we here?

### Consciousness and evolution

The conventional view is that consciousness is created by the brain. Tom Campbell says no, we are not physical beings, but consciousness itself. He describes consciousness as a digital information system, which is self-aware, does not have a stable state, and is constantly developing. Consciousness is, according to him, the ultimate level of reality. Everything is manifested from consciousness. We are all part of the same Larger Consciousness System.

Tom emphasizes that there are two levels of human existence—the being level and the intellectual level. The *Big TOE* can only be understood at the being level—the truest level of human existence—but not at the intellectual level. A change in consciousness can only happen at the being level.

Our actions do not change our consciousness. What we do is of secondary importance. Our intent and motivation determine the quality of our consciousness. Only when our consciousness grows

toward love are we able to enhance the quality of our consciousness and help the Larger Consciousness System in its evolution.

This program reveals that Love is the most developed state of consciousness.

“Our purpose is to grow up and become love”

- Thomas Campbell

About Thomas Campbell

Thomas Campbell, a nuclear physicist, began researching altered states of consciousness with Bob Monroe at Monroe Laboratories in the early 1970s, where he and a few others were instrumental in getting Monroe's lab for the study of consciousness up and running. These early drug-free consciousness pioneers helped design experiments and develop technology for creating specific altered states. They concurrently served as the main subjects of study (guinea pigs). Tom is the “TC (physicist)” described in Bob Monroe's second book *Far Journeys*.

Campbell has been a serious explorer of the frontiers of reality, mind, consciousness, and psychic phenomena for the last forty years. Using his acquired mastery of the out-of-body experience as a research tool, Campbell focused his work toward discovering the outer boundaries, inner workings, and causal dynamics of the larger reality system. The resulting research unites the worlds of objective and subjective experience, thus achieving the goal of a unified, comprehensive theory of everything (TOE) that bridges metaphysics and physics.

In February of 2003, Tom published the *My Big TOE* trilogy, his exploration of the nature of existence. This overarching model of reality, mind, and consciousness explains the paranormal as well as the normal, places spirituality within a scientific context, solves a host of scientific paradoxes, and provides direction for those wishing to personally experience an expanded awareness of All That Is.

The MBT model explains metaphysics, spirituality, love, and human purpose at the most fundamental level.